



# How to use your WAINUA autoinjector

WAINUA is a once-monthly injection you can take at home or on the go (proper storage required).

Your healthcare provider may have demonstrated how to use your autoinjector. Use this guide as a reminder. There are 3 sections of steps:

### 1. Prep 2. Inject 3. Check



## 1. Prep your supplies and injection site



If your autoinjector was in the refrigerator, let it come to room temperature (up to 86 °F or 30 °C) for 30 minutes before use.

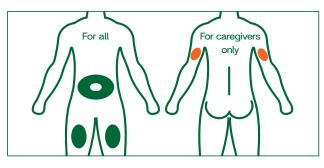
Take your autoinjector out of its carton. Do not use if:

- X The expiration date has passed
- ⊗ The clear cap is missing or not attached



The medicine in the viewing window should be clear and colorless to slightly yellow. **Do not use if the medicine:** 

- Appears cloudy
- X Is the wrong color
- Contains floating particles



- Self-injection sites: abdomen (stomach), thigh
- Only caregivers can inject into the back of the upper arm

Choose an injection site. Make sure your injection site is NOT:

- Bruised, tender, red, or hard
- Scarred or damaged skin
- Within 2 inches of your belly button

#### Wash your hands well with soap and water.

Clean your injection site by rubbing an alcohol wipe in a circular motion. Let it air-dry. Do not touch the skin once it is clean.



### 2. Inject WAINUA



Hold the autoinjector by the middle with the clear cap facing away from you.

Pull the cap straight off; do not twist.

Do not push the orange needle shield against the hand or finger.



Place the orange needle shield flat on your injection site at a **90-degree angle** with the viewing window facing you.



Firmly press and hold the autoinjector against your skin for **10 seconds** to make sure the full dose has been given. You will hear a "click" when the injection starts.

The orange plunger rod will start to move into the viewing window.

You may hear a second "click," but the injection is not done yet—keep holding for the full 10 seconds. Do not move or reposition the autoinjector.

## 3. Check that you injected all the medicine



While still holding the autoinjector down against your skin, look at the viewing window. The orange plunger rod should completely fill it. If it does, you injected the full dose. If it doesn't, call your healthcare provider after the injection. **Do not try to inject again.** 

Remove the autoinjector by pulling it straight out. Immediately put the used autoinjector in a sharps container. Do not recap or reuse the autoinjector.

There may be a small amount of blood or liquid where you injected. If needed, press a clean cotton ball or gauze on the area and apply a small bandage.



Watch our instructional video for step-bystep guidance on how to take WAINUA.





# Frequently asked questions (FAQs)

- How will I receive my autoinjector and supplies?
  - Your autoinjector and sharps container will be mailed to you by a specialty pharmacy.
- A: They might call or text to schedule your delivery. Enroll in WAINUA WAY to receive a welcome kit with alcohol wipes and helpful tools to get you started. Visit WAINUAway.com to learn more.
- What if my autoinjector is damaged?
- Do not use a damaged autoinjector. **Call 1-844-2-WAINUA** (844-292-4682) for a replacement.
- Q: How do I store my autoinjector?
  - Store WAINUA in a refrigerator at 36 °F to 46 °F (2 °C to 8 °C) in its original carton until you are ready to use it.
- Do not freeze. WAINUA may be kept at room temperature—up to 86 °F (30 °C)—for up to 6 weeks in its original carton. Avoid direct sunlight. Once removed from the refrigerator and brought to room temperature, WAINUA must be used within 6 weeks or thrown away.
- Can I travel with my autoinjector?
- A: Always discuss travel with your healthcare provider first. You can travel with your autoinjector if you store it as described in the Instructions for Use.
- What are the most common side effects of WAINUA?
- A: The most common side effects include decreased Vitamin A and vomiting. These are not all the possible side effects of WAINUA. Talk to your healthcare provider about side effects that you experience.
- What if I missed my injection date?
- If you miss a dose, take the missed dose as soon as possible. Then take WAINUA 1 month from the date of your last dose to get back on a monthly dosing schedule. If you have questions about your schedule, ask your healthcare provider.
- **Q:** Can someone help me take WAINUA?
  - Yes, the steps are the same. Remember, they should be trained by your healthcare provider and read the Instructions for Use that came with your autoinjector first.
- A: They can inject into the back of your upper arm, your stomach (abdomen), or the front of your thigh. Watch our instructional video at **WAINUA.com/HowToVideo** for more information.

Have more questions? Visit WAINUA.com or call 1-844-2-WAINUA (844-292-4682)



#### **IMPORTANT SAFETY INFORMATION**

#### WAINUA may cause side effects, including:

• Low vitamin A level, which is a serious, but common side effect of treatment with WAINUA. Your doctor should tell you to take vitamin A supplements. Do not take more than the amount of vitamin A your doctor has recommended. Call your doctor if you develop eye problems such as difficulty seeing at night or in low-lit areas (night blindness), or dry eyes. If you develop eye problems, your doctor should refer you to an eye doctor

The most common side effects include decreased vitamin A and vomiting.

### Before you take WAINUA, tell your healthcare provider:

- if you are pregnant or breastfeeding, or plan to become pregnant or breastfeed. It is not known if WAINUA can harm your baby. Changes in vitamin A levels and vitamin A supplementation related to use of WAINUA may harm your unborn baby. It is not known if WAINUA passes into breast milk
- **about all the medicines you take,** including prescription and nonprescription medicines, vitamins, and herbal supplements. Especially tell your healthcare provider if you take vitamin A or beta-carotene supplements

Please read full Prescribing Information, including Patient Information, for WAINUA.

You may report side effects related to AstraZeneca products.

